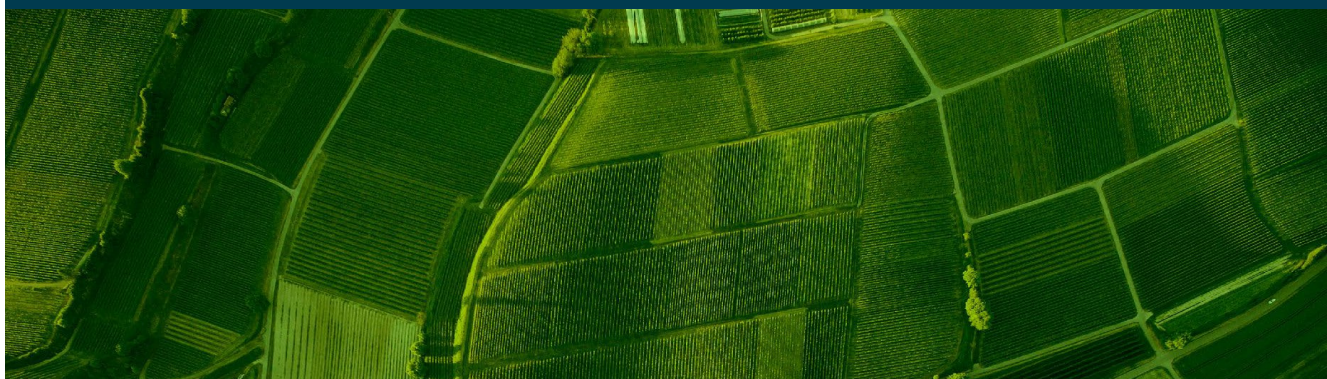


Practice Abstract No 19

Regenerative urban agriculture in Nitra



Description

Regenerative Agriculture describes farming and grazing practices that, among other benefits, help to mitigate climate change by rebuilding soil organic matter and restoring degraded soil biodiversity – resulting in both carbon sequestration and improving the water cycle in the conditions of a city or any other urban area. Urban farm Gazda z mesta, which covers around 1 000 m² is situated in abandoned area in the outskirts of the city of Nitra, which has been used for agricultural purposes in the past as well. There are several original greenhouses, in which the farm is producing only organic quality vegetables. The main goal is to build sustainable urban farm and to encourage other farmers to follow this system of agriculture and to help local people live healthier life in healthier environment.

The main target of the farm is to sell the products locally and as fresh as possible. That is why the farm is selling most of its production to local restaurants, grocery stores and to local people. It is also planned to run regular farmers market (once a week) and to start local delivery service, building on the principles of community support agriculture.

Author(s)

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Stakeholders

Consumer, local restaurants
and retail

Country/Region

Slovakia

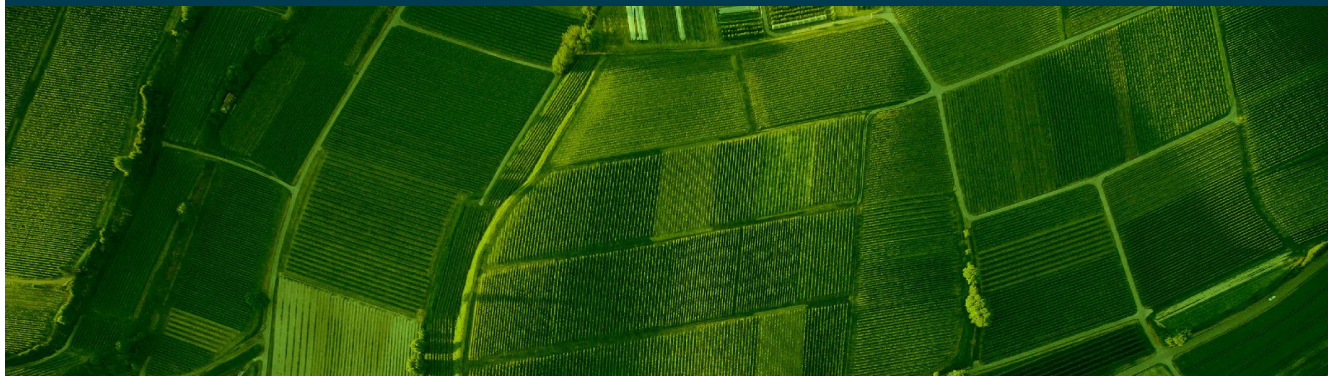
Keywords

Regenerative agriculture,
Urban farm, Local food
systems



Practice Abstract No 19

Regeneratívne mestské poľnohospodárstvo v Nitre



Description

Regeneratívne poľnohospodárstvo zahŕňa poľnohospodárske a pastevné postupy, ktoré okrem iných výhod pomáhajú zmierniť klimatické zmeny prostredníctvom obnovy organickej hmoty v pôde a obnovy degradovanej biodiverzity – výsledkom čoho je lepšia sekvestrácia uhlíka a zlepšenie kolobehu vody v podmienkach mesta alebo v akejkoľvek mestskej oblasti.

Mestská farma Gazda z mesta o rozlohe približne 1 000 m² sa nachádza v opustenom areáli v okrajovej časti mesta Nitra, ktorý bol aj v minulosti využívaný na poľnohospodárske účely. Nachádza sa tu viacero pôvodných skleníkov, v ktorých farma produkuje zeleninu v bio kvalite. Hlavným cieľom je vybudovať udržateľnú mestskú farmu a povzbudiť ostatných farmárov, aby nasledovali tento systém hospodárenia na pôde a pomôcť miestnemu obyvateľstvu žiť zdravší život v zdravšom prostredí.

Hlavným cieľom farmy je predávať produkciu lokálne a čo najčerstvejšie. Preto farma predáva väčšinu produkcie miestnym reštauráciám, obchodom s potravinami a miestnemu obyvateľstvu. Plánuje sa tiež organizovanie pravidelných farmárskych trhov (raz týždenne) a spustenie miestnej doručovacej služby v súlade s princípmi komunitnej podpory poľnohospodárstva.

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Stakeholders

Consumer, local restaurants and retail

Country/Region

Slovakia

Keywords

Regenerative agriculture, Urban farm, Local food systems



Pictures



About CO-FRESH

The CO-FRESH project aims to provide techniques, tools and insights on how to make agri-food value chains more environmentally sustainable, socio-economically balanced and economically competitive. The project pilots several agri-food value chain innovations to see how they, in combination, can improve environmental and socio-economic sustainability.

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